

# Universitätssport

# Rules of behavior, contact and hygiene for participation in the outdoor courses. (as of 26.01.2022)

### **Hygiene rules**

- > Participation is allowed only in a healthy condition without symptoms of illness.
- It is recommended to wear a medical mouth-nose protection when entering the sports ground until reaching the actual training area and when leaving the training area and the sports ground.
- It is recommended to follow the common hygiene rules (washing hands more frequently, sneezing and coughing into the crook of the arm, etc.) and to use the disinfectant provided at the entrance to the sports ground

#### **Distance rules**

- As soon as sports are not being practiced, the minimum distance of 1.5 m from other persons must be maintained at all times. This also applies when waiting in front of the sports facility and on the way to or from the actual training area.
- Physical contact outside the game situation must be avoided and in particular handshakes, high-fives, hugging and cheering or mourning within the group must be completely refrained from.
- The minimum distance must also be observed when depositing sports bags, etc. Please make full use of wide storage areas.

#### Changing rooms and showers

- > Please come dressed in sportswear to the course
- > The changing rooms and showers for the outside area are closed and cannot be used.
- > The toilets for the outside area may only be entered individually.

#### **Regulations for the course implementation**

- > Please arrive on time for the course, but no earlier than 5 minutes before the start of the course.
- There is a limit for people in the university sports facilities and sports groups should not meet each other. Therefore, please leave the training area and the sports grounds immediately after the end of the course.
- Staying on the sports grounds before and after the course is prohibited.

## **Testing and verification obligation** (according to Corona regulation Baden-Württemberg)

Participation in outdoor sports is subject to the presentation of the following evidence:

- Basic Level: No proof required! I.e. no test, vaccination or convalescence proofs have to be presented for participation.
- Warning Level: The 3G rule applies! I.e. all participants must be either vaccinated, recovered or tested (daily official antigen rapid or PCR test, no self-test).
- Alert Level I: The 2G rule applies! I.e. for not vaccinated or not recovered persons a participation and admission prohibition is valid and they cannot participate in the sport courses.
- Alert Level II: The 2G rule applies! I.e. for not vaccinated or not recovered persons a participation and admission prohibition is valid and they cannot participate in the sport courses.

We would like to point out that the occurrence of a level other than the one applicable at the time of registration is to be considered as force majeure and that the cancellation conditions of University Sports remain valid. I.e. there is no right to a refund of fees for offers if personal participation should no longer be possible due to the occurrence of a higher level.